



September MARKET UPDATES

As we navigate through September, several produce markets face significant shifts that could impact your purchasing decisions. Supplies are tightening on staple menu items like local corn, bell peppers, squash, and cucumbers, while East Coast berries and stone fruit are wrapping up for the season. In contrast, fall favorites like sweet potatoes and pumpkins are expected to become available this week, providing opportunities for seasonal promotions.

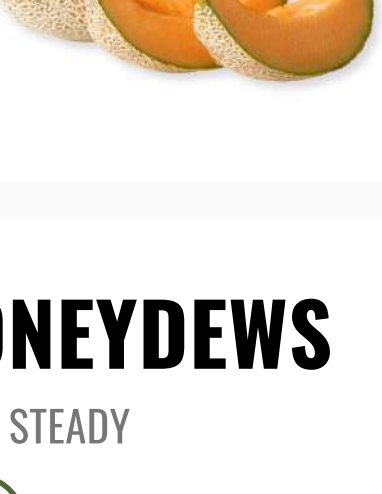
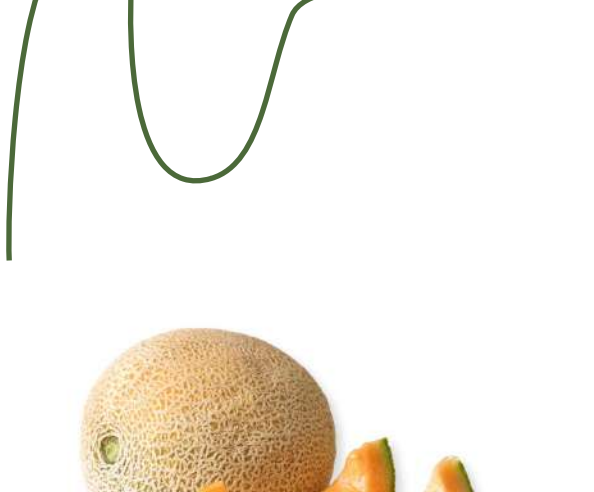
However, challenges persist. The avocado market is under pressure, with tight supplies and significant price spreads between sizes. Mushrooms in the West are also in short supply, affected by weather and viral pressure, while limes and green onions remain extremely limited due to heat and growing region issues.

Staying informed on these fluctuations can help you plan, adjust orders, and maintain a consistent supply for your business.

Let's dive into the details to help you stay one step ahead in this volatile market!

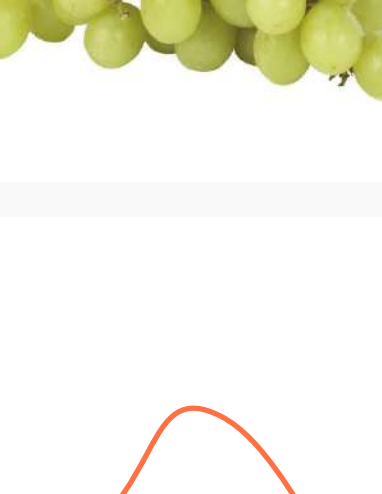
APPLES

PRICE STEADY



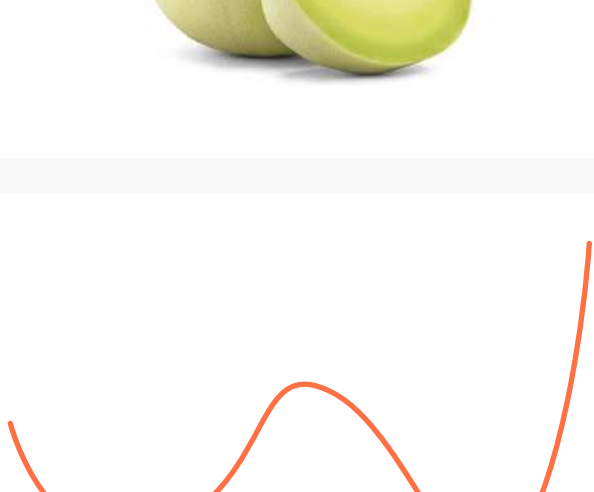
AVOCADOS

PRICE STEADY



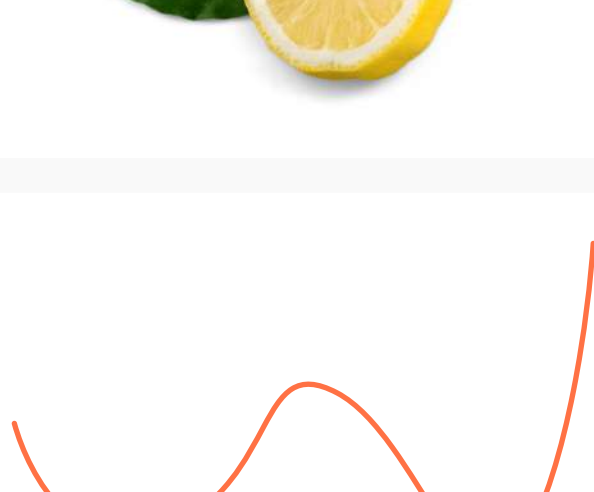
BLACKBERRIES

PRICE STEADY



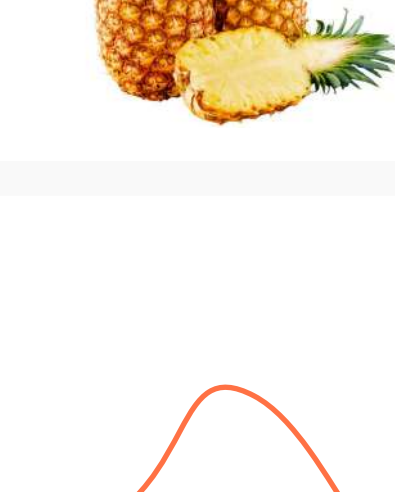
BLUEBERRIES

PRICE INCREASE



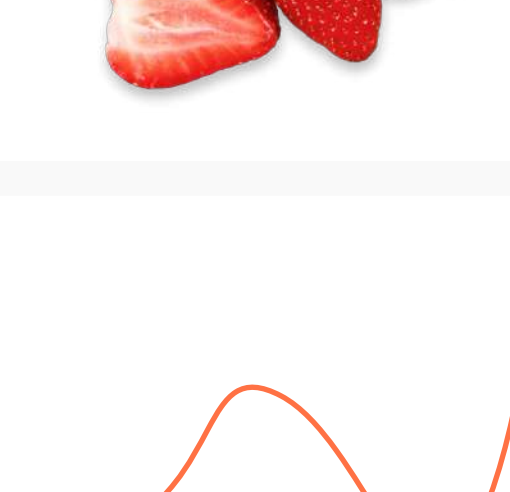
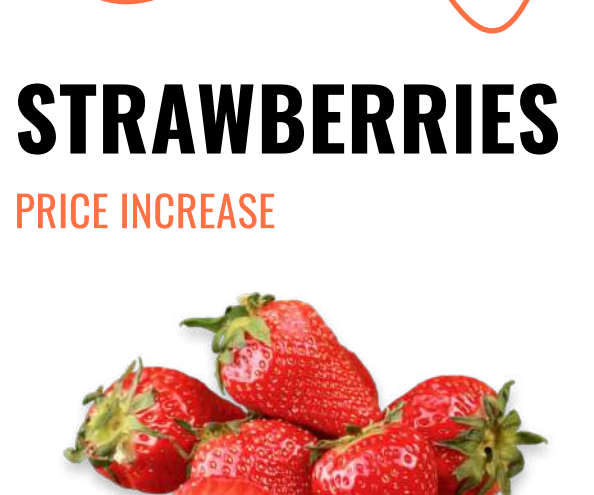
CANTALOUPE

PRICE STEADY



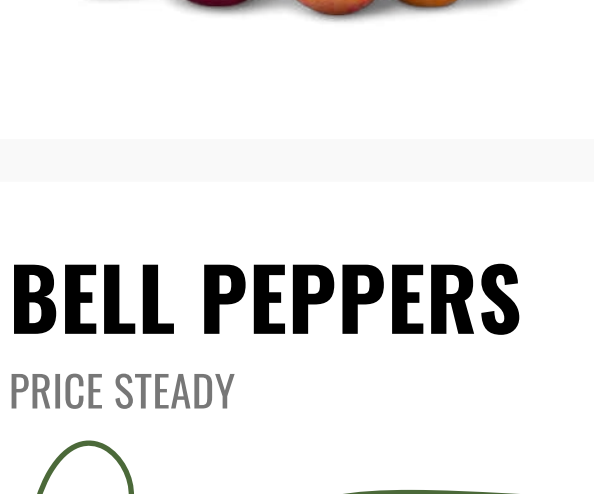
GRAPES

PRICE STEADY



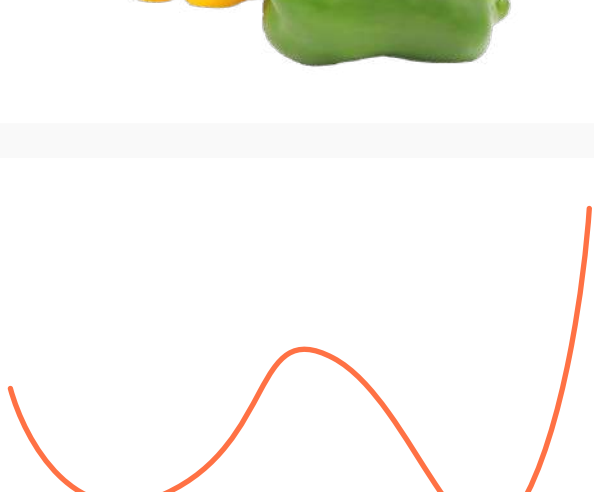
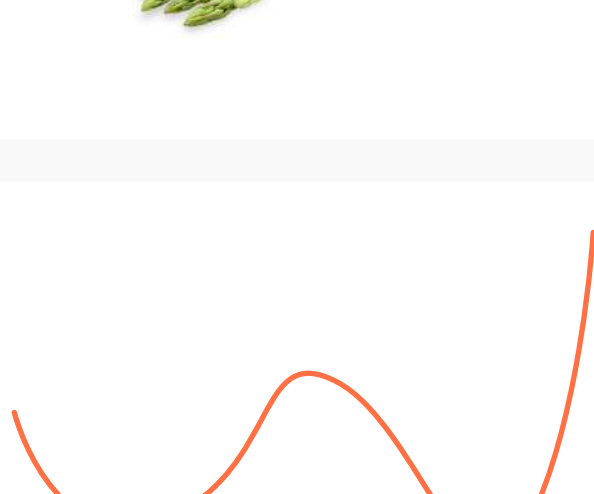
HONEYDEWS

PRICE STEADY



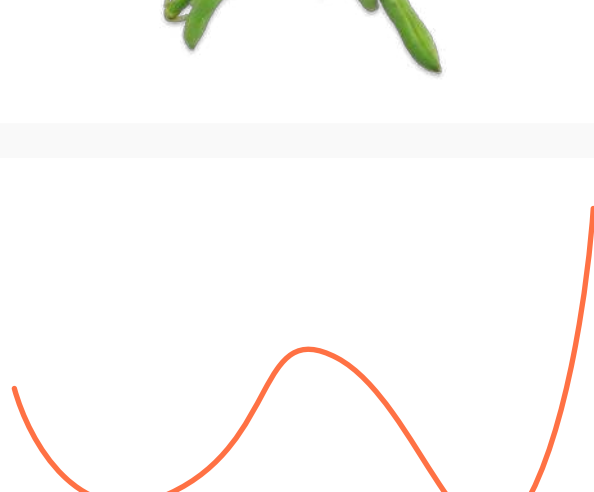
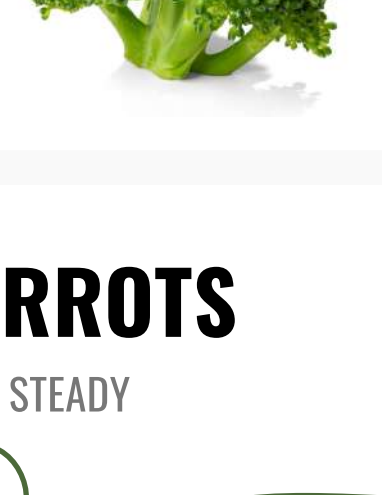
LEMONS

PRICE INCREASE



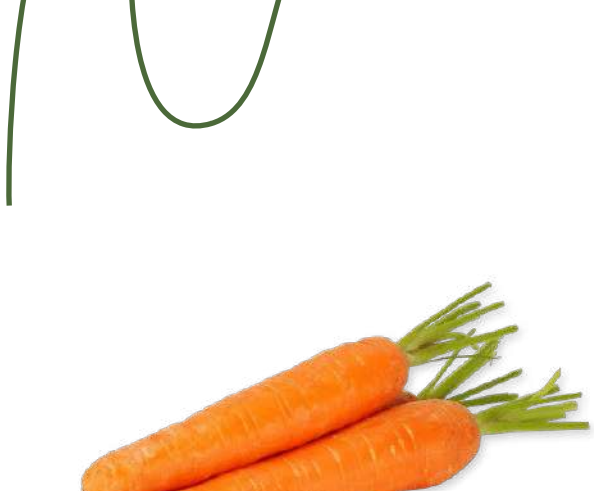
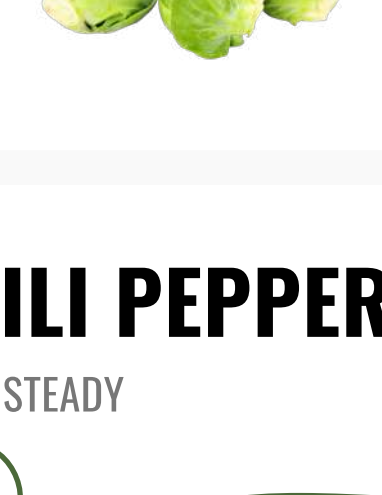
ORANGES

PRICE INCREASE



PEARS

PRICE INCREASE



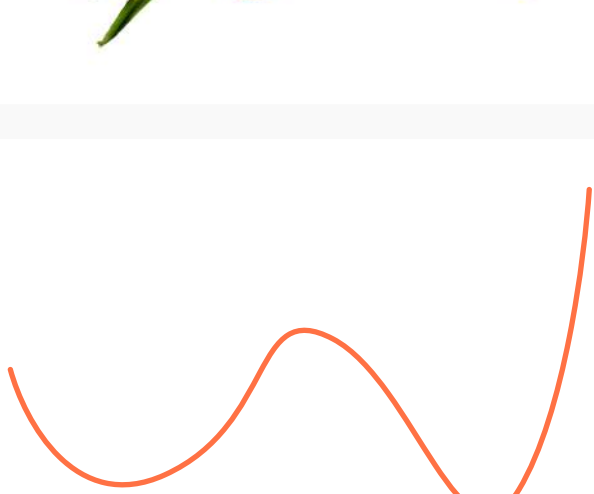
PINEAPPLES

PRICE INCREASE



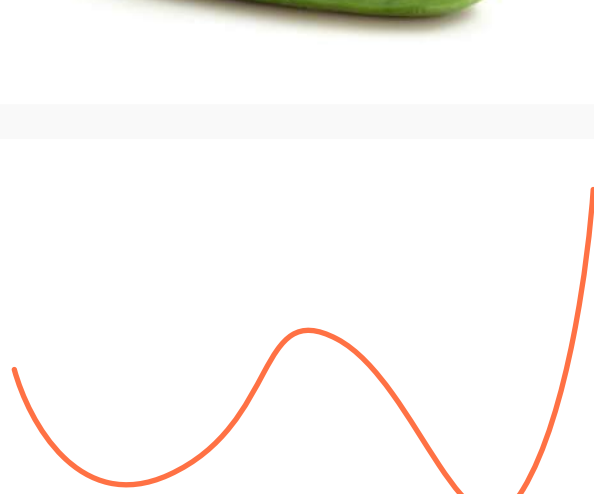
STRAWBERRIES

PRICE INCREASE



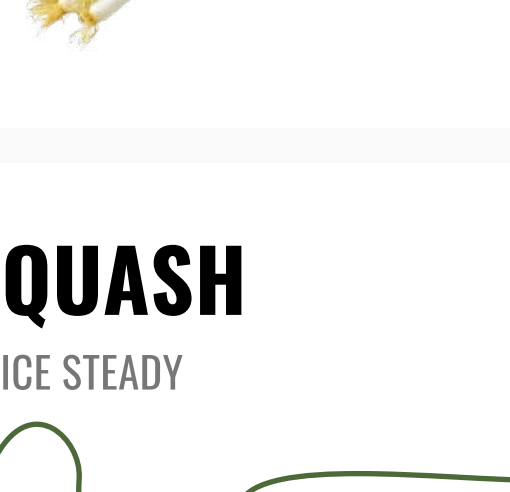
STONE FRUIT

PRICE INCREASE



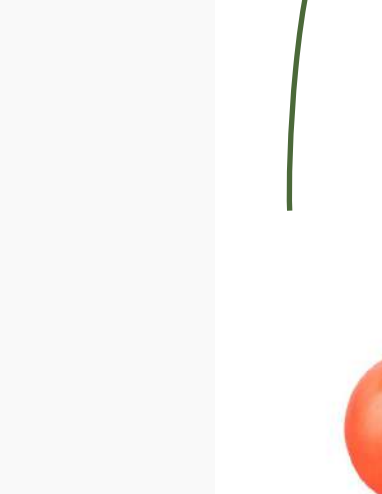
ASPARAGUS

PRICE INCREASE



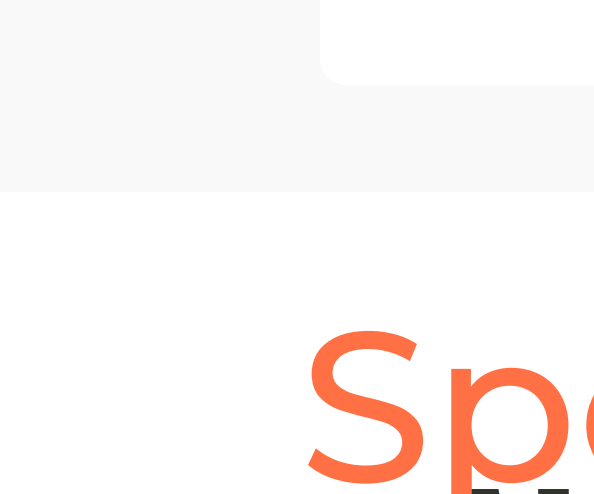
BELL PEPPERS

PRICE STEADY



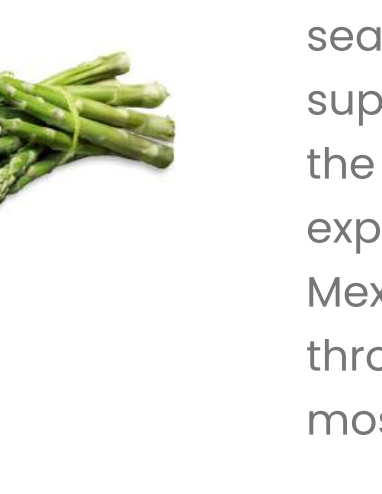
BEANS (GREEN)

PRICE INCREASE



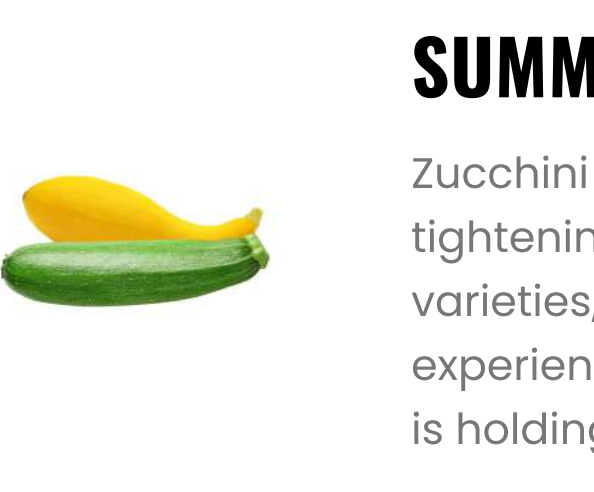
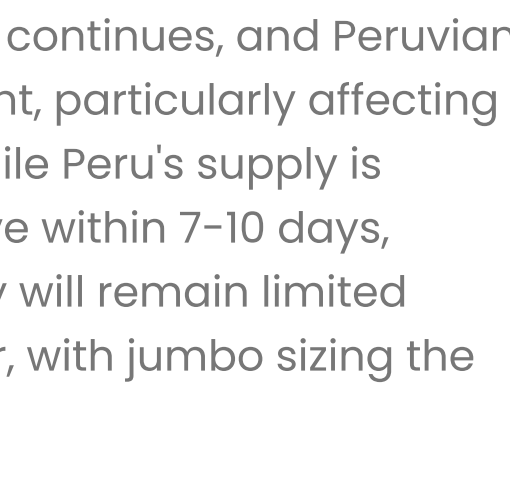
BROCCOLI

PRICE INCREASE



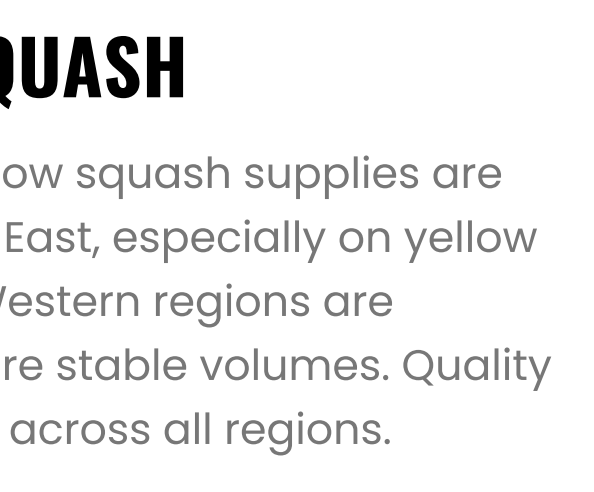
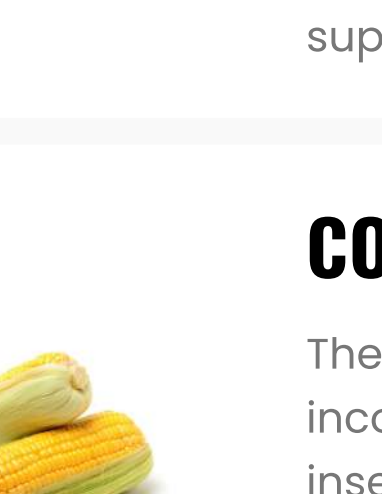
BRUSSELS SPROUTS

PRICE INCREASE



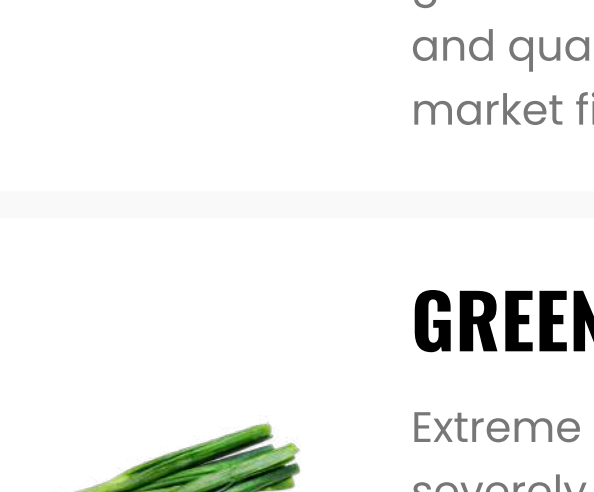
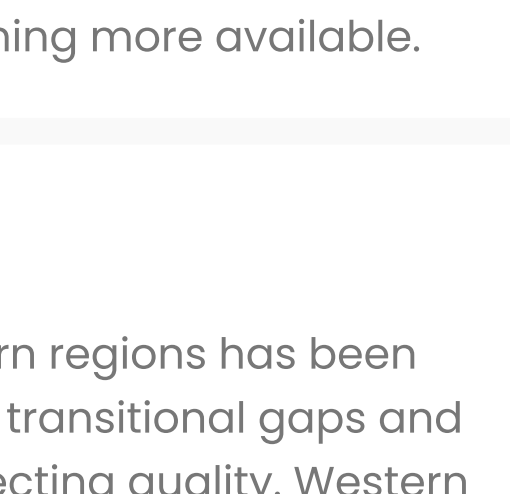
CARROTS

PRICE STEADY



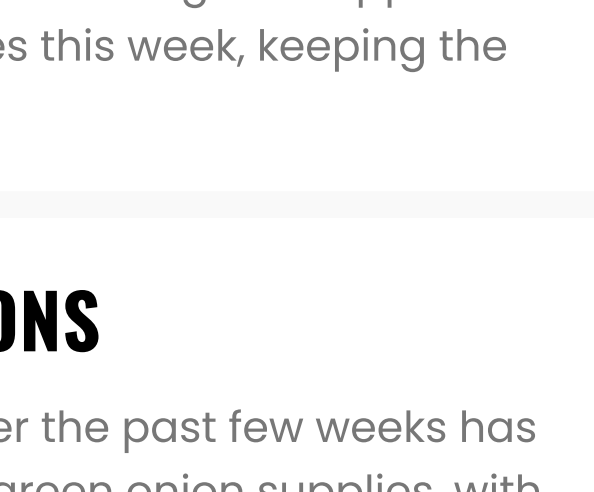
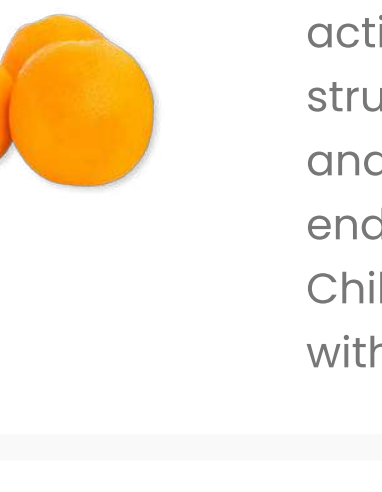
CHILI PEPPERS

PRICE STEADY



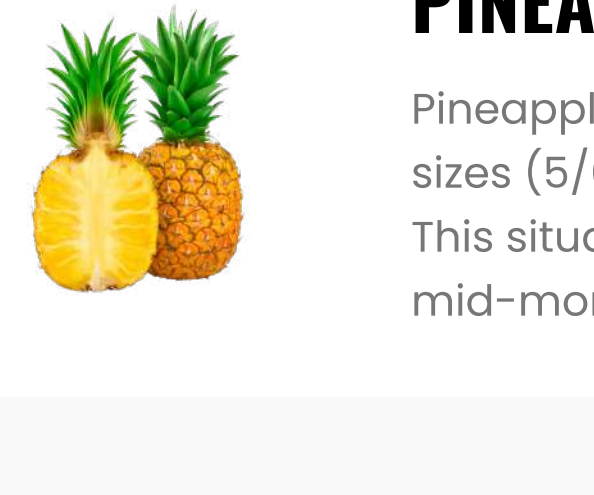
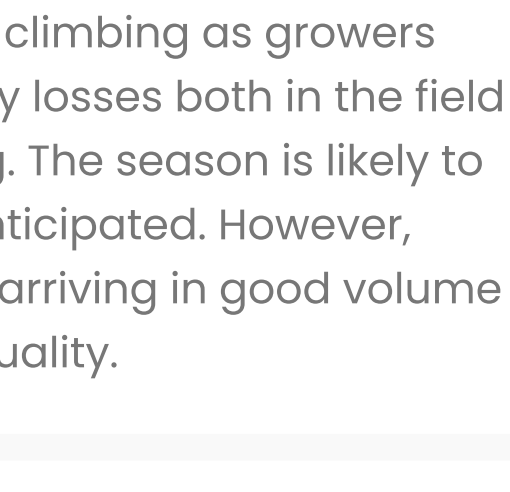
CORN

PRICE INCREASE



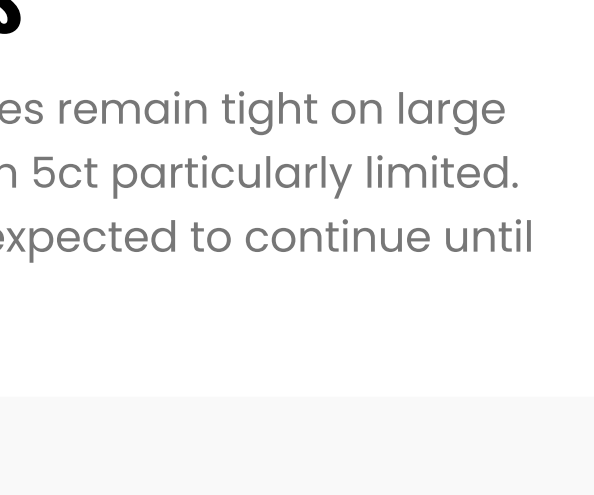
CUCUMBERS

PRICE INCREASE



EGGPLANTS

PRICE INCREASE



GREEN ONIONS

PRICE INCREASE

POTATOES

PRICE INCREASE

SQUASH

PRICE STEADY

TOMATOES

PRICE STEADY

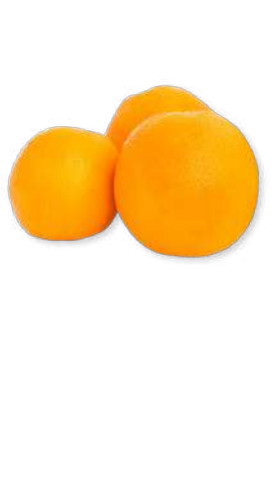
Special ALERTS

ASPARAGUS



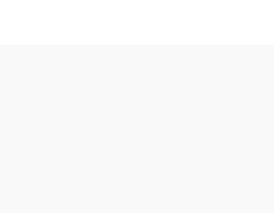
Supplies are tight out of Mexico as the seasonal transition continues, and Peruvian supplies remain light, particularly affecting the West Coast. While Peru's supply is expected to improve within 7-10 days, Mexico's availability will remain limited through September, with jumbo sizing the most affected.

SUMMER SQUASH



Zucchini and yellow squash supplies are tightening in the East, especially on yellow varieties, while Western regions are experiencing more stable volumes. Quality is holding strong across all regions.

CAULIFLOWER



Quality and supply are on the rise, signaling improvement in the cauliflower market. While the market remains triggered, it's no longer at extreme levels. Some growers are sticking to their averages, but overall supplies are becoming more available.

CORN

The supply in Eastern regions has been inconsistent due to transitional gaps and insect pressure affecting quality. Western growers have also seen lighter supplies and quality issues this week, keeping the market firm.

GREEN ONIONS

Extreme heat over the past few weeks has severely limited green onion supplies, with prices remaining elevated. Growers are holding to averages, and supplies continue to be very tight.

ORANGES

The orange market is seeing increased activity, with prices climbing as growers struggle with quality losses both in the field and during packing. The season is likely to end sooner than anticipated. However, Chilean navel oranges are arriving in good volume with much better quality.

PINEAPPLES

Pineapple supplies remain tight on large sizes (5/6ct), with 5ct particularly limited. This situation is expected to continue until mid-month.